

# The Dell Group, Inc.

*Creative* Solutions for your compliance burdens

*A LITTLE KNOWLEDGE IS A DANGEROUS THING . . .*

*IMPROVE PERFORMANCE WITH OUR*

## **COMPREHENSIVE TRAINING SERVICES**

Revised December 2016

TRAINING PROGRAM TOPIC AND SKILL LEVEL		NORMAL LENGTH	COST PER SESSION	COST PER TRAINEE
1.	<b>Hazard Communication (Employee Right-to-Know)</b> OSHA 29 CFR 1910.1200			
	HazCom Training - Basic	1.5 Hrs.	\$375.00	\$5.00
	HazCom Training - Advanced	3 Hrs.	\$750.00	\$10.00
	HazCom Refresher	1 Hr.	\$250.00	\$4.00
2.	<b>Laboratory Safety and Chemical Hygiene</b> OSHA 29 CFR 1910.1450			
	Initial	3 Hrs.	\$750.00	\$10.00
	Refresher	1.5 Hrs.	\$375.00	\$5.00
3.	<b>Bloodborne Pathogen Protection</b> OSHA 29 CFR 1910.1030			
	Awareness/Refresher Training	0.5 Hr.	\$150.00	\$4.00
	First Aid/Housekeeping Training	1 Hr.	\$250.00	\$5.00
	Health Care/EMT Training	1.5 Hrs.	\$375.00	\$8.00
4.	<b>Employee Emergency Action / Fire Prevention and Response</b> OSHA 29 CFR 1910.38 / 1910.157(g)			
	Emergency Action Awareness for All Employees	1 Hr.	\$250.00	\$5.00
	Fire Prevention Awareness for All Employees	0.5 Hr.	\$150.00	\$5.00
	Emergency Actions for Coordinators	1 Hr.	\$250.00	\$5.00
	Fire Extinguisher Use for Incipient Fires	0.5 Hr.	\$150.00	\$5.00

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5.	<b>Respiratory Protection</b> OSHA 29 CFR 1910.134			
	Respirator - Air Purifying - Initial	1.5 Hrs.	\$375.00	\$8.00
	Respirator - Supplied Air - Initial	2 Hrs.	\$500.00	\$12.00
	Fit Testing - Qualitative (Minimum 15 tests)	5 - 10 Minutes	-0-	\$25.00
	Fit Testing - Quantitative (Minimum 15 tests)	10 - 15 Minutes	-0-	\$85.00
6.	<b>Hearing Conservation</b> OSHA 29 CFR 1910.95			
	Hearing Conservation Training	1 Hr.	\$275.00	\$5.00
	Audiometric Testing - Minimum 20 tests	5 - 10 Minutes	\$425.00	\$18.00
7.	<b>Personal Protective Equipment</b> OSHA 29 CFR 1910.132 (Eye, Face, Head, Hand, Foot)			
	Personal Protection Equipment - Basic or Refresher	1 Hr.	\$250.00	\$5.00
	Personal Protection Equipment - Advanced Version, Site Specific	2 Hrs.	\$500.00	\$10.00
8.	<b>Lockout/Tagout</b> OSHA 29 CFR 1910.147			
	Authorized Initial	2 Hrs.	\$500.00	\$10.00
	Authorized Refresher	1 Hr.	\$250.00	\$5.00
	Affected Initial (or included in above)	.75 Hr.	\$200.00	\$5.00
	Affected Refresher (or include in above)	0.5 Hr.	\$150.00	\$4.00
9.	<b>Electrical Safety</b> OSHA 1910.331 – 335 / NFPA 70E			
	Non-Qualified Employees – Awareness	1.5 Hrs.	\$375.00	\$7.00
	Qualified Employees – Basic Requirements	3 Hrs.	\$750.00	\$18.00
	Qualified Employees – Advanced Duties	5 - 8 Hrs.	\$1,300.00 - 1,600.00	\$25.00
	Qualified Employees – Arc Flash Protection and Competent Person	5 - 8 Hrs.	\$1,300.00 - 1,600.00	\$100.00

Note: Each level of Electrical Safety Training requires the previous level(s) as a prerequisite				
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10.	<b>Lift Truck</b> OSHA 29 CFR 1910.178			
	Coaching the Lift Truck Operator – Customized to your trucks and operations. Meets 1999 OSHA requirements. Designed for delivery by non-professional trainers to co-workers. Duration depends on speed of trainees in completing workbook. (Not recommended for non-English speakers)	4 Hrs.	\$1,100.00	\$18.00 Student
	Train-the-Trainer Version of Above	Additional 1 Hr.	\$250.00	\$55.00
	Abbreviated Lift Truck Training – Refresher only for drivers with experience, trained since 1999.	2 Hrs.	\$500.00	\$12.00
11.	<b>Crane, Hoist &amp; Sling Safety</b> OSHA 29 CFR 1910.179 - 184			
	Cranes and Hoists	2 Hrs.	\$500.00	\$10.00
	Slings, Chains, Ropes & Hooks (Rigging)	2 Hrs.	\$500.00	\$10.00
12.	<b>Excavation/Trenching</b> OSHA 29 CFR 1926 Subpart P			
	Worker Awareness (or included below)	3 Hrs.	\$750.00	\$12.00
	Competent Person (includes above session)	8 Hrs.	\$1,600.00	\$25.00
13.	<b>Fall Protection</b> – <i>Customized to Be Specific to Your Operations</i>			
	<u>Industrial Facilities</u> – Overview – Walking/Working Surfaces, Ladders & Stairways, Aerial Lifts, Scaffold Basics OSHA 29 CFR 1910 Subparts D & F	3 Hrs.	\$750.00	\$14.00
	<u>Construction Sites</u> – Overview – Ladders, Aerial Lifts, Fall Arrest Systems, Guards, Nets - OSHA 29 CFR 1926 Subparts X	4 Hrs.	\$1,100.00	\$18.00
	<u>Ironworkers Rule</u> OSHA 1926.104, Subpart R	6 Hrs.	\$1,500.00	\$25.00
	OSHA <u>General Awareness/Refresher</u> – Ladders, Elevated Surfaces, Scaffold, Aerial Lift	2 Hrs.	\$500.00	\$10.00

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14.	<b>Scaffolding</b> OSHA 29 CFR 1926 Subparts L & X			
	General Awareness/Refresher	1 Hr.	\$250.00	\$5.00
	Scaffold User (or included below)	4 Hr.	\$1,100.00	\$25.00
	Scaffold Competent Person (includes above session)	8 Hrs.	\$1,600.00	\$35.00
	Suspended Scaffold – Competent Person Addendum to above	3 Hrs.	\$750.00	\$12.00
15.	<b>Confined Space Entry</b> OSHA 29 CFR 1910.146			
	Entrants, Attendants, & Supervisors	8 Hrs.	\$1,600.00	\$30.00
	Entry into Declassified Spaces (or included above)	6 Hrs.	\$1,500.00	\$18.00
	Non-Entry Retrieval (50% Hands-on)	4 Hrs.	\$1,100.00	\$12.00
	Technical Rescue (50% Hands-on)	16 Hrs.	\$3,200.00	\$62.00
16.	<b>Emergency Response Team Development under Hazardous Waste Operations and Emergency Response (HAZWOPER)</b> OSHA 29 CFR 1910.120(q) <i>Prices assume the existence of Chemical Emergency Prevention and Response Plan</i>			
	First Responder - Awareness	3 Hrs.	\$750.00	\$18.00
	First Responder - Operations	8 Hrs.	\$1,600.00	\$30.00
	Hazardous Materials - Technician	24 Hrs.	\$4,800.00	\$55.00
	Hazardous Materials - Specialist <ul style="list-style-type: none"> <li>Quoted on case by case basis;</li> <li>Price dependent on specific chemicals</li> </ul>	*	*	*
	Incident Commander	4 Hrs.	\$1,100.00	\$25.00
	Emergency Response Team Refresher	8 Hrs.	\$1,600.00	\$30.00

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17.	<b>HAZWOPER Site Remediation</b> OSHA 29 CFR1910.120/1926.63			
	Initial 24 Hour	24 Hrs.	\$4,800.00	\$35.00
	Initial 40 Hour	40 Hrs.	\$8,000.00	\$55.00
	Site Supervisor	8 Hrs.	\$1,600.00	\$30.00
	Annual Refresher	8 Hrs.	\$1,600.00	\$30.00
18.	<b>EPA RCRA Hazardous Waste Generator</b> 40 CFR Part 265			
	Initial – Generator & Waste Management	4 Hrs.	\$1,100.00	\$22.00
	Refresher – Generator & Waste Management	2 Hrs.	\$500.00	\$12.00
19.	<b>DOT Hazardous Materials Transportation (HM-126f, 181, 215c)</b> 49 CFR 170-179			
	General Awareness	1 Hr.	\$250.00	\$7.00
	Function-Specific Training (Labeling, Placarding, Packaging., Loading, Storage, Use of HazMat Table)	4 Hrs.	\$1,100.00	\$20.00
	Driver Training (Highway Transport)	1.5 Hrs.	\$375.00	\$5.00
	Safety Training (Basic Spill Response)	1.5 Hrs.	\$375.00	\$7.00
	All of the above DOT Sessions	8 Hrs.	\$1,600.00	\$30.00
20.	<b>Lead Hazards in Building</b> OSHA 29 CFR 1926.62			
	Awareness Training – Construction or Facilities	2 Hrs.	\$500.00	\$8.00
	Operations and Maintenance – in Facilities	8 Hrs.	\$1,600.00	\$30.00
	OSHA Lead Standard Only - Industrial or Construction	4 Hrs.	\$1,100.00	\$18.00

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21.	<b>Asbestos Hazards in Facilities and Construction</b> OSHA 29 CFR 1926.1101			
	Awareness Training (Class IV)	2 Hrs.	\$500.00	\$8.00
	Operations and Maintenance (Class III) <i>Awareness Training is a Prerequisite</i>	14 Hrs.	\$2,800.00	\$25.00
	Single Material Class II (Non-Friable Intact Removal such as roofing, floor tile or gaskets)	8 Hrs.	\$1,600.00	\$18.00
	Single Class II Material Competent Person Supplemental Training to session above	4 Hrs.	\$1,100.00	\$15.00
22.	<b>First Aid</b> OSHA 29 CFR 1910.151			
	Initial/Refresher (Also, See BBP, Item 3)	4 Hrs.	\$1,100.00	\$18.00
23.	<b>CPR/AED</b>	4 Hrs.	\$1,100.00	\$18.00
24.	<b>Cadmium Standard</b> OSHA 29 CFR 1910.1027			
	Initial	3 Hrs.	\$750.00	\$18.00
	Refresher	1 Hr.	\$250.00	\$7.00
25.	<b>Methylene Chloride Standard</b> OSHA 29 CFR 1910.1052			
	Initial	3 Hrs.	\$750.00	\$10.00
	Refresher	1 Hr.	\$250.00	\$7.00
26.	<b>Formaldehyde Standard</b> OSHA 29 CFR 1910.1048			
	Initial	3 Hrs.	\$750.00	\$10.00
	Refresher	1 Hr.	\$250.00	\$7.00
27.	<b>Silica Dust - OSHA</b> Emphasis Program			
	Initial	3 Hrs.	\$750.00	\$10.00
	Refresher	1 Hr.	\$250.00	\$7.00
28.	<b>Stormwater Pollution Prevention</b> EPA 40 CFR Part 122			
	Pollution Prevention and Response Team Training	2 Hrs.	\$500.00	\$10.00
29.	<b>Spill Prevention, Control and Countermeasures</b> EPA 40 CFR 112			
	Initial/Refresher	2 Hrs.	\$500.00	\$12.00