

# The Dell Group, Inc.

*Creative* Solutions for your compliance burdens

*A LITTLE KNOWLEDGE IS A DANGEROUS THING . . .*

*IMPROVE PERFORMANCE WITH OUR*

## **COMPREHENSIVE TRAINING SERVICES**

Revised September 2016

|    | <b>TRAINING PROGRAM TOPIC AND SKILL LEVEL</b>   | <b>NORMAL LENGTH</b> | <b>COST PER SESSION</b> | <b>COST PER TRAINEE</b> |
|----|---|----------------------|-------------------------|-------------------------|
| 1. | <b>Hazard Communication (Employee Right-to-Know) OSHA 29 CFR 1910.1200</b>                        |                      |                         |                         |
|    | HazCom Training - Basic   | 1.5 Hrs.             | \$375.00                | \$5.00                  |
|    | HazCom Training - Advanced  | 3 Hrs.               | \$750.00                | \$10.00                 |
|    | HazCom Refresher  | 1 Hr.                | \$250.00                | \$4.00                  |
| 2. | <b>Laboratory Safety and Chemical Hygiene OSHA 29 CFR 1910.1450</b>                               |                      |                         |                         |
|    | Initial   | 3 Hrs.               | \$750.00                | \$10.00                 |
|    | Refresher   | 1.5 Hrs.             | \$375.00                | \$5.00                  |
| 3. | <b>Bloodborne Pathogen Protection OSHA 29 CFR 1910.1030</b>                                       |                      |                         |                         |
|    | Awareness/Refresher Training  | 0.5 Hr.              | \$150.00                | \$4.00                  |
|    | First Aid/Housekeeping Training   | 1 Hr.                | \$250.00                | \$5.00                  |
|    | Health Care/EMT Training  | 1.5 Hrs.             | \$375.00                | \$8.00                  |
| 4. | <b>Employee Emergency Action / Fire Prevention and Response OSHA 29 CFR 1910.38 / 1910.157(g)</b> |                      |                         |                         |
|    | Emergency Action Awareness for All Employees  | 1 Hr.                | \$250.00                | \$5.00                  |
|    | Fire Prevention Awareness for All Employees   | 0.5 Hr.              | \$150.00                | \$5.00                  |
|    | Emergency Actions for Coordinators  | 1 Hr.                | \$250.00                | \$5.00                  |
|    | Fire Extinguisher Use for Incipient Fires   | 0.5 Hr.              | \$150.00                | \$5.00                  |

P.O. Box 1390, Mentor, OH 44061-1390 – (440) 266-0403 – FAX (440) 266-0413

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|----|---|----------------------|--------------------------|-------------------------|
| 5. | <b>Respiratory Protection</b> OSHA 29 CFR 1910.134  |                      |                          |                         |
|    | Respirator - Air Purifying - Initial  | 1.5 Hrs.             | \$375.00                 | \$8.00                  |
|    | Respirator - Supplied Air - Initial   | 2 Hrs.               | \$500.00                 | \$12.00                 |
|    | Fit Testing - Qualitative (Minimum 15 tests)  | 5 - 10 Minutes       | -0-                      | \$25.00                 |
|    | Fit Testing - Quantitative (Minimum 15 tests)   | 10 - 15 Minutes      | -0-                      | \$85.00                 |
| 6. | <b>Hearing Conservation</b> OSHA 29 CFR 1910.95   |                      |                          |                         |
|    | Hearing Conservation Training   | 1 Hr.                | \$275.00                 | \$5.00                  |
|    | Audiometric Testing - Minimum 20 tests  | 5 - 10 Minutes       | \$425.00                 | \$18.00                 |
| 7. | <b>Personal Protective Equipment</b> OSHA 29 CFR 1910.132<br>(Eye, Face, Head, Hand, Foot)      |                      |                          |                         |
|    | Personal Protection Equipment - Basic or Refresher  | 1 Hr.                | \$250.00                 | \$5.00                  |
|    | Personal Protection Equipment - Advanced Version, Site Specific                                 | 2 Hrs.               | \$500.00                 | \$10.00                 |
| 8. | <b>Lockout/Tagout</b> OSHA 29 CFR 1910.147  |                      |                          |                         |
|    | Authorized Initial  | 2 Hrs.               | \$500.00                 | \$10.00                 |
|    | Authorized Refresher  | 1 Hr.                | \$250.00                 | \$5.00                  |
|    | Affected Initial (or included in above)   | .75 Hr.              | \$200.00                 | \$5.00                  |
|    | Affected Refresher (or include in above)  | 0.5 Hr.              | \$150.00                 | \$4.00                  |
| 9. | <b>Electrical Safety</b> OSHA 1910.331 – 335 / NFPA 70E   |                      |                          |                         |
|    | Non-Qualified Employees – Awareness   | 1.5 Hrs.             | \$375.00                 | \$7.00                  |
|    | Qualified Employees – Basic Requirements  | 3 Hrs.               | \$750.00                 | \$18.00                 |
|    | Qualified Employees – Advanced Duties   | 5 - 8 Hrs.           | \$1,300.00<br>- 1,600.00 | \$25.00                 |
|    | Qualified Employees – Arc Flash Protection and Competent Person                                 | 5 - 8 Hrs.           | \$1,300.00<br>- 1,600.00 | \$100.00                |
|    | Note: Each level of Electrical Safety Training requires the previous level(s) as a prerequisite |                      |                          |                         |

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|---|------------------|------------------|------------------|
| 10. <b>Lift Truck</b> OSHA 29 CFR 1910.178  | 4 Hrs.           | \$1,100.00       | \$18.00 Student  |
| Coaching the Lift Truck Operator – Customized to your trucks and operations. Meets 1999 OSHA requirements. Designed for delivery by non-professional trainers to co-workers. Duration depends on speed of trainees in completing workbook. (Not recommended for non-English speakers) | Additional 1 Hr. | \$250.00         | \$55.00          |
| Train-the-Trainer Version of Above  | 2 Hrs.           | \$500.00         | \$12.00          |
| Abbreviated Lift Truck Training – Refresher only for drivers with experience, trained since 1999.   | 2 Hrs.           | \$500.00         | \$10.00          |
| 11. <b>Crane, Hoist &amp; Sling Safety</b> OSHA 29 CFR 1910.179 - 184   | 2 Hrs.           | \$500.00         | \$10.00          |
| Cranes and Hoists   | 2 Hrs.           | \$500.00         | \$10.00          |
| Slings, Chains, Ropes & Hooks (Rigging)   | 2 Hrs.           | \$750.00         | \$12.00          |
| 12. <b>Excavation/Trenching</b> OSHA 29 CFR 1926 Subpart P  | 3 Hrs.           | \$750.00         | \$12.00          |
| Worker Awareness (or included below)  | 8 Hrs.           | \$1,600.00       | \$25.00          |
| Competent Person (includes above session)   | 3 Hrs.           | \$750.00         | \$14.00          |
| 13. <b>Fall Protection</b> – <i>Customized to Be Specific to Your Operations</i>  | 4 Hrs.           | \$1,100.00       | \$18.00          |
| <u>Industrial Facilities</u> – Overview – Walking/Working Surfaces, Ladders & Stairways, Aerial Lifts, Scaffold Basics<br>OSHA 29 CFR 1910 Subparts D & F   | 6 Hrs.           | \$1,500.00       | \$25.00          |
| <u>Construction Sites</u> – Overview – Ladders, Aerial Lifts, Fall Arrest Systems, Guards, Nets - OSHA 29 CFR 1926 Subparts X   | 2 Hrs.           | \$500.00         | \$10.00          |
| <u>Ironworkers Rule</u> OSHA 1926.104, Subpart R  | 2 Hrs.           | \$500.00         | \$10.00          |
| OSHA <u>General Awareness/Refresher</u> – Ladders, Elevated Surfaces, Scaffold, Aerial Lift   |                  |                  |                  |

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| 14. <b>Scaffolding</b> OSHA 29 CFR 1926 Subparts L & X   |               |                  |                  |
| General Awareness/Refresher  | 1 Hr.         | \$250.00         | \$5.00           |
| Scaffold User (or included below)  | 4 Hr.         | \$1,100.00       | \$25.00          |
| Scaffold Competent Person (includes above session)   | 8 Hrs.        | \$1,600.00       | \$35.00          |
| Suspended Scaffold – Competent Person<br>Addendum to above   | 3 Hrs.        | \$750.00         | \$12.00          |
| 15. <b>Confined Space Entry</b> OSHA 29 CFR 1910.146   |               |                  |                  |
| Entrants, Attendants, & Supervisors  | 8 Hrs.        | \$1,600.00       | \$30.00          |
| Entry into Declassified Spaces (or included above)   | 6 Hrs.        | \$1,500.00       | \$18.00          |
| Non-Entry Retrieval (50% Hands-on)   | 4 Hrs.        | \$1,100.00       | \$12.00          |
| Technical Rescue (50% Hands-on)  | 16 Hrs.       | \$3,200.00       | \$62.00          |
| 16. <b>Emergency Response Team Development under Hazardous Waste Operations and Emergency Response (HAZWOPER)</b> OSHA 29 CFR 1910.120(q)<br><i>Prices assume the existence of Chemical Emergency Prevention and Response Plan</i> |               |                  |                  |
| First Responder - Awareness  | 3 Hrs.        | \$750.00         | \$18.00          |
| First Responder - Operations   | 8 Hrs.        | \$1,600.00       | \$30.00          |
| Hazardous Materials - Technician   | 24 Hrs.       | \$4,800.00       | \$55.00          |
| Hazardous Materials - Specialist<br>• <i>Quoted on case by case basis;</i><br>• <i>Price dependent on specific chemicals</i>   | *             | *                | *                |
| Incident Commander   | 4 Hrs.        | \$1,100.00       | \$25.00          |
| Emergency Response Team Refresher  | 8 Hrs.        | \$1,600.00       | \$30.00          |

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| 17. <b>HAZWOPER Site Remediation</b> OSHA 29 CFR1910.120/1926.63  |               |                  |                  |
| Initial 24 Hour   | 24 Hrs.       | \$4,800.00       | \$35.00          |
| Initial 40 Hour   | 40 Hrs.       | \$8,000.00       | \$55.00          |
| Site Supervisor   | 8 Hrs.        | \$1,600.00       | \$30.00          |
| Annual Refresher  | 8 Hrs.        | \$1,600.00       | \$30.00          |
| 18. <b>EPA RCRA Hazardous Waste Generator</b> 40 CFR Part 265   |               |                  |                  |
| Initial – Generator & Waste Management  | 4 Hrs.        | \$1,100.00       | \$22.00          |
| Refresher – Generator & Waste Management  | 2 Hrs.        | \$500.00         | \$12.00          |
| 19. <b>DOT Hazardous Materials Transportation (HM-126f, 181, 215c)</b> 49 CFR 170-179                   |               |                  |                  |
| General Awareness   | 1 Hr.         | \$250.00         | \$7.00           |
| Function-Specific Training<br>(Labeling, Placarding, Packaging., Loading, Storage, Use of HazMat Table) | 4 Hrs.        | \$1,100.00       | \$20.00          |
| Driver Training (Highway Transport)   | 1.5 Hrs.      | \$375.00         | \$5.00           |
| Safety Training (Basic Spill Response)  | 1.5 Hrs.      | \$375.00         | \$7.00           |
| All of the above DOT Sessions   | 8 Hrs.        | \$1,600.00       | \$30.00          |
| 20. <b>Lead Hazards in Building</b> OSHA 29 CFR 1926.62   |               |                  |                  |
| Awareness Training – Construction or Facilities   | 2 Hrs.        | \$500.00         | \$8.00           |
| Operations and Maintenance – in Facilities  | 8 Hrs.        | \$1,600.00       | \$30.00          |
| OSHA Lead Standard Only - Industrial or Construction  | 4 Hrs.        | \$1,100.00       | \$18.00          |

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| 21. | <b>Asbestos Hazards in Facilities and Construction</b> OSHA 29 CFR 1926.1101                 |                      |                         |                         |
|     | Awareness Training (Class IV)  | 2 Hrs.               | \$500.00                | \$8.00                  |
|     | Operations and Maintenance (Class III)<br><i>Awareness Training is a Prerequisite</i>        | 14 Hrs.              | \$2,800.00              | \$25.00                 |
|     | Single Material Class II (Non-Friable Intact Removal such as roofing, floor tile or gaskets) | 8 Hrs.               | \$1,600.00              | \$18.00                 |
|     | Single Class II Material Competent Person Supplemental Training to session above             | 4 Hrs.               | \$1,100.00              | \$15.00                 |
| 22. | <b>First Aid</b> OSHA 29 CFR 1910.151  |                      |                         |                         |
|     | Initial/Refresher (Also, See BBP, Item 3)  | 4 Hrs.               | \$1,100.00              | \$18.00                 |
| 23. | <b>CPR/AED</b>   | 4 Hrs.               | \$1,100.00              | \$18.00                 |
| 24. | <b>Cadmium Standard</b> OSHA 29 CFR 1910.1027  |                      |                         |                         |
|     | Initial  | 3 Hrs.               | \$750.00                | \$18.00                 |
|     | Refresher  | 1 Hr.                | \$250.00                | \$7.00                  |
| 25. | <b>Methylene Chloride Standard</b> OSHA 29 CFR 1910.1052                                     |                      |                         |                         |
|     | Initial  | 3 Hrs.               | \$750.00                | \$10.00                 |
|     | Refresher  | 1 Hr.                | \$250.00                | \$7.00                  |
| 26. | <b>Formaldehyde Standard</b> OSHA 29 CFR 1910.1048   |                      |                         |                         |
|     | Initial  | 3 Hrs.               | \$750.00                | \$10.00                 |
|     | Refresher  | 1 Hr.                | \$250.00                | \$7.00                  |
| 27. | <b>Silica Dust - OSHA Emphasis Program</b>   |                      |                         |                         |
|     | Initial  | 3 Hrs.               | \$750.00                | \$10.00                 |
|     | Refresher  | 1 Hr.                | \$250.00                | \$7.00                  |
| 28. | <b>Stormwater Pollution Prevention</b> EPA 40 CFR Part 122                                   |                      |                         |                         |
|     | Pollution Prevention and Response Team Training  | 2 Hrs.               | \$500.00                | \$10.00                 |
| 29. | <b>Spill Prevention, Control and Countermeasures</b> EPA 40 CFR 112                          |                      |                         |                         |
|     | Initial/Refresher  | 2 Hrs.               | \$500.00                | \$12.00                 |